



National Capital 'Brookvale' Ride 2-3 September 2017

Special Saturday - focus on introductory riders

Have you always wanted to try endurance but didn't know where to start?

ACT Endurance Riders Association is running two introductory rides of 13km and 22km on 2 September, plus information sessions to make sure you get the most out of the experience.

ACTERA acknowledges with gratitude the support of the NSW Office of Sport for Special Saturday.

Start time: Arrive at ride base (directions below) by 10am, in time to unload your horse and attend the information talks at 11am. The talks include: what to expect at an endurance ride, vetting procedures, strapping, feeding and some tips on training for longer distances. Please arrive in time!

After the talks you will present your horse (unsaddled) to the vets for pre-ride vetting, then you will saddle up and set off on either the 13km or 22 km ride on unsealed tracks through Sherwood Forest, accompanied by experienced endurance riders whom you can quiz about all things endurance.

NOTE: 22km riders should be at the start line mounted and ready to leave by 1:15pm and the 13km should be at the start line by 1:45pm for your compulsory pre-ride from the Chief Steward with last minute information and instructions. Riders under ten years must be supervised by an adult rider/attendant at all times. You must also present your horse for a vet check within 30 minutes after your ride. Your horse must pass the vet checks in order to start, and complete the ride.

Endurance Rules: Any horse can enter the ride, if it is at least 3 and a half years old. You can use any kind of gear, but you must wear an approved helmet when riding and you cannot use whips or spurs. Hoof boots are recommended for barefoot horses. You will need to fill out a horse health declaration form and have it ready to hand in at the gate when you arrive. This involves recording your horse's temperature for 3 days before the ride. There is no need for you to camp overnight, but if you want to make a day yard for your horse, please use fences or electric tape (must be live when horses are in the yard).

Ride Entry is via **TryBooking**, look for [National Capital 'Brookvale' Ride 2017 Special Saturday](https://www.trybooking.com/303645) <https://www.trybooking.com/303645> When you enter, we will email you copies of the necessary forms, including the horse health declaration, and more detailed information.

Ride	Cost	Start time	Challenge
22km Introductory Ride	\$30 (thank you to NSW Office of Sport for allowing us to offer this low price!)	Saturday, 1:30 pm	Some fitness required
13km Introductory Ride	\$20 (thank you to NSW Office of Sport for allowing us to offer this low price!)	Saturday, 2:00 pm	Some fitness required

Ride base: Brookvale is a no-frills campsite in a picturesque valley with a fresh water creek running through it. Facilities are basic, with bush and hire toilets, some firewood and horse water available. You will need to bring your own drinking water.

Catering: Catering will be available from Saturday lunch time until Sunday afternoon. No pre-booking is required.

Directions: The property 'Brookvale' is located on Mountain Creek Road, off Uriarra Road and about 30 minutes from Canberra. The ride base is about 1.5km off Mountain Creek Road along Doctors Flat Road. There will be signage from Uriarra Road, Canberra.

Further details: Look for 'Canberra Brookvale' on NSWERA website, Google maps and the ACTERA website for further details about the ride at www.actera.org.au. Facebook: ACT Endurance Riders Association.

Important: Brookvale is a working property. Please leave your dog at home if you can. If not, dogs MUST be on a lead at all times. No dogs are allowed in or near the vetting area at any time.